



What makes you scared?

# FEAR

**October 17, 2014**

José Cruz: Anyway, he knew he had a fear of heights, but he also knew at 16 years old, that he has to go with his tour group, to go. And he doesn't want **to go**, "Oh but i have a fear of heights so I'm going to, like, stay in the lobby." He didn't want to seem like a bit of a chicken, so he tried to go up with the group, but when he got there, he could just see, not even looking down but just looking, you know, horizontally out the window that, "Oh my, oh my, you know, like, I'm I'm a 150 metres, I'm a hundred metres up in the sky." and and, and he just sat down on a bench and just tried not to look out the window until the whole group was finished and then he just ended up telling one of the teachers, "I have a fear of heights." And the teacher said, "Ah cool. Just sit here". And it turned out to be absolutely no big deal, none of the kids bugged him about it, and nothing so we we... But it was good of him to try, you know. (Mm-hmm) What what, what are your search results there?

Alex Bodnar: It's "Acrophobia" (Acrophobia) Yes. An extreme or irrational fear of heights.

José: And I think Agoraphobia is a fear of the- of open spaces, no?

Alex: Ah you might be right.

José: So go for Agoraphobia.

Alex: There's also Batophobia which is fear of heights or being close to **high** buildings.

José: What? Close to high buildings? (Yes. Batophobia) What? You're afraid they're going to fall on you?

Alex: I don't know.

José: Oh, could you imagine having that phobia, and being in downtown New York on September 11?

Alex: Oh.

José: Ohhh. Woah, you probably would like move out to Wyoming.

Alex: You you know uh actually, you know what uh, scares me? Well, it doesn't really scare me. But uh I worry just a little bit being around tall cranes.

José: Cranes?

Alex: Because every year, it seems like in the news that there's a crane accident.

José: Hmmm. Ah, did you ever see um, I think it was "Spider Man 3". Did you ever see that movie, Spider Man 3?

Alex: I think so. You know what I I I can't keep track of all the Spider man movies now. There's so many now.

José: It was the first series of Spider Man movies and there was a big scene where a crane goes wild, and starts **wrecking out** nearby skyscrapers.

Alex: Oh. I'm pretty sure I've seen Spider Man 3, but you know I can't remember that, that scene you're talking about now.

José: Ok well then obviously it's not a really deep phobia, because if it was a deep phobia you'd remember it. Because this this was a big chunk of the movie- **not** a big chunk of the movie, **but** it was a big action sequence. And uh, Spider Man jumps in saves the girl, and you know all all that stuff that you could predict. But it was uh, a big crane that was going nuts.

Alex: Well I think I think uh, Our imagination uh plays, or induces the the our biggest fears.

José: Could be. Also too um, there's the idea that this is- if you know that this is just a movie it's not going to trigger the same set of um, um psychological responses in you as you would if you saw this three-dimensional crane standing next to you, right?

Alex: I think the last movie I saw that, that I thought was scary was "The Grudge."

José: The Grudge. Oh that's based on um, a Japanese one called, "Junon", right?

Alex: Juon. (Ju- Juon?) Juon, yes.

José: OK OK that's it. Yeah, I. See, stuff like that, that takes me back to the whole idea that I'm afraid of vampires because of vampires movies. (Ahh) If I were to watch the same vampire movies now, (Mm-hmm) I'd I'd be giggling and laughing (Right) because they're so dumb. But movies can set you off. And so, uh I had a hard time watching "The Ring" either the Japanese version or the um, the Hollywood version. Because that was- They were both really well made, right? And I didn't wanna watch Juon and I didn't watch The Grudge

Alex: I haven't seen The Ring but uh, yeah, there there aren't many movies that scare me like that. Uh, well I uh, actually, another good one is "The Shining".

José: That didn't do anything for me at all.

Alex: Oh really?

José: Not at all.

Word count	Time	Words/Min.
757	4:17	176.73

Pointers:

**to go** in colloquial English often means "to say". So 'he goes to me' can mean, 'he says to me' (0:06)

**high buildings:** is not actually correct. Alex and José should have actually said "tall buildings" (1:11)

**not ~ but** José corrects himself by taking his recently said mistake, saying "not" before he repeats the mistaken phrase, and places "but" in front of what is correct. (2:33)

Discussion:

What do you think is a strange fear?

Are you afraid of the same things now that scared you when you were a child?

What's the scariest movie you've ever seen? Why did it scare you?

Is there something that scares other people, but doesn't scare you?

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